



Café Menu

- Kale and Sweet Potato Salad**- Hearty kale served with roasted sweet potatoes, sunflower seeds, dried cranberries, roasted chickpeas, feta with a drizzle of tahini dressing. **\$6**
\$1 extra for Chicken
- Harvest Salad**- A delicious flavorful salad served with pears, red onion, walnuts, blue cheese and chicken atop a bed of spring mix, and mustard vinaigrette. **\$6**
- Fall Chicken Salad Sandwich or Plate**- A light chicken salad with cranberries, pecans, apples, and green onion. Plate is served with cheese, crackers, and fresh fruit. Sandwich is served on wheat bread with your choice of chips or a side salad. **\$6**
- Mediterranean Hummus Wrap**- Hummus served on a spinach wrap with mixed greens, bell pepper, shredded carrots, and cucumber. Sandwich is served with chips or a side salad. **\$5**
\$1 extra for chicken
- Avocado Turkey Club**- Hearty wheat bread topped with turkey, bacon, avocado spread, tomato, and mixed greens. Sandwich is served with chips or a side salad. **\$6**
- Roast beef and Cheddar**- Wholesome wheat bread with roast beef, cheddar, mixed greens (if served cold) and a side of horseradish sauce and mayo. Sandwich is served with chips or a side salad. **\$6**
- Baked Acorn Squash with Kale and Sausage**- Tender baked acorn squash combined with sausage, onions, and bell pepper atop a bed of sautéed kale. **\$7**
- Grilled Chicken Sandwich** - Grilled chicken breast served with smoked Gouda cheese and spring mix with a drizzle of homemade honey mustard atop a pretzel bun. **\$6**
- Dessert** **\$2**
- Iced tea, Lacroix sparkling water, and Lemonade** **\$1**

Open for lunch Tuesdays and Thursdays, 11:30 a.m-1p.m
2234 W Market Street