

# RACIALIZED TRAUMA, RESILIENCE AND HEALING

Resmaa Menakem, MSW, LICSW, SEP

July 21, 2020  
9:00am-4:00pm

Author of *My Grandmother's Hands*

Training provided through  
**Zoom** with breakout sessions

**“Moving from race to culture is important, transformative, and takes work. A lot of work. I help people, communities, and organizations find strength in healing that is holistic and resilient. Together let’s set a course for healing historical and racialized trauma carried in the body and the soul. I am a healer. I help people rise through the suffering’s edge. I am a cultural trauma navigator. I am a communal provocateur and coach. I consider it my job in this moment to make the invisible visible.”- Resmaa Menakem**

\*CEU's pending

Support provided by **Humana  
Foundation**



\$30.00/person

\$25.00/ person (Organization with 4 or more)

Electronic copy of the book  
*My Grandmother's Hands* will be  
provided with completion of evaluation.



Questions: Please contact Kristie Adams @ [kadams@familyscholarhouse.org](mailto:kadams@familyscholarhouse.org) or 502.813.3089.

To Register:

<https://familyscholarhouse.ejoinme.org/Training>