

Archdiocese of Louisville – COVID-19 Response Protocol/Decision Aid Guidance for Employee and Student Illness as of 8/11/2020

COVID-19 Symptoms: fever (100.4 or higher), uncontrolled cough that causes difficulty breathing, fatigue, muscle or body aches, headache, loss of taste or smell, sore throat, congestion, diarrhea

INDIVIDUAL EXHIBITS SYMPTOMS:

If an individual experiences one of the above symptoms, they must immediately go home and notify health care provider. They will be allowed back to work when they meet the following guidelines:

Individuals who test **POSITIVE**:

- No fever for at least 24 hours (3 days without use of medication) **AND**
- Other symptoms have improved **AND**
- At least 10 calendar days have passed since symptoms first appeared and has been released by the health department* (**time-based option**)

Individuals who test **NEGATIVE**:

- Proof of negative test result or physician statement **AND**
- No fever for at least 24 hours (without use of medication) **AND**
- Have no COVID-19 related symptoms

Individuals who **DO NOT** get tested for COVID-19:

- No fever for at least 24 hours (1 full day without use of medication) **AND**
- Other symptoms have improved **AND**
- At least 10 calendar days have passed since symptoms first appeared*

INDIVIDUAL HAS TESTED POSITIVE FOR COVID-19, BUT IS ASYMPTOMATIC

- No symptoms but tested **POSITIVE** for COVID-19
- May return when 10 calendar days have passed without symptoms **AND** have been released by the local health department to return* (**time-based option**)

** Will be released from health department when the criteria is met; some individuals will require a longer self-isolation period based on illness severity and underlying medical conditions.*

INDIVIDUAL HAS BEEN EXPOSED TO A PERSON WITH COVID-19

If you are a **DIRECT CONTACT***, self-isolate/quarantine

- Notify supervisor
- Follow directive of contact tracer
- Monitor Health

* Direct contact is defined by:

- You were within 6 feet of someone who has COVID-19 for 10 minutes **OR**
- You provided care at home to someone sick with COVID-19 **OR**
- You have had direct physical contact with the person **OR**
- You shared eating or drinking utensils **OR**
- They sneezed, coughed, or somehow got respiratory droplets

Self-isolation and quarantine has been met when:

- 14 days have passed since last contact with person who had COVID-19
- If you test negative or feel healthy, should still quarantine as symptoms may appear 2-14 days after exposure

If you were **NOT A DIRECT CONTACT**, you can return to school/workplace.