

# Prevention Education Report



**JANUARY 2023**

**Bakhita Empowerment Initiative  
Catholic Charities of Louisville**

---

Report Authors:

Tamar Israel, M.S.W

Prevention Education Coordinator, Bakhita Empowerment Initiative, Catholic Charities of Louisville

Marissa Castellanos, M.S.W.

Program Director, Bakhita Empowerment Initiative, Catholic Charities of Louisville

Cover images by Catholic Charities of Louisville.

Development of this report was supported by Grant Numbers [VOCA-2021-Catholic C-00074](#) and [VOCA-2022-Catholic- 00135](#), awarded through the Kentucky Justice and Public Safety Cabinet by the U. S. Department of Justice, Office of Justice Programs

Publication: January 2023

---

## TABLE OF CONTENTS

<b>INTRODUCTION</b>	<b>4</b>
<b>BACKGROUND</b>	<b>5</b>
<b>PREVENTION EDUCATION IN KENTUCKY</b>	<b>6</b>
<b>MY LIFE MY CHOICE: CURRICULUM FOR FEMALE-IDENTIFYING YOUTH</b>	<b>7</b>
<b>I AM BUILDING A HEALTH IDENTITY: CURRICULUM FOR MALE-IDENTIFYING YOUTH</b>	<b>14</b>
<b>EXPANDING PREVENTION EDUCATION</b>	<b>16</b>
<b>APPENDIX A: CCL BEI PREVENTION EDUCATION BROCHURE</b>	<b>19</b>
<b>APPENDIX B: OVERVIEW OF THE MY LIFE MY CHOICE CURRICULUM</b>	<b>20</b>
<b>APPENDIX C: OVERVIEW OF THE I AM BUILDING A HEALTHY MALE IDENTITY CURRICULUM</b>	<b>23</b>
<b>APPENDIX D: LANGUAGE ACCESS RESOURCES IN PREVENTION EDUCATION</b>	<b>26</b>
<b>I. I AM LITTLE RED VIDEO TRANSCRIPT TRANSLATION</b>	
<b>II. LABOR TRAFFICKING FACT SHEET TRANSLATIONS:</b>	
<b>a. ENGLISH</b>	
<b>b. SWAHILI</b>	
<b>c. KINYARWANDA</b>	
<b>d. SPANISH</b>	
<b>e. ARABIC</b>	
<b>f. FRENCH</b>	
<b>III. PREVENTION EDUCATION REGISTRATION FLYER (5 LANGUAGES)</b>	

---

# Introduction

Catholic Charities of Louisville is committed to combating and bringing awareness to human trafficking and is currently the OVC-funded comprehensive service provider for victims of human trafficking in Kentucky through the Bakhita Empowerment Initiative (BEI). BEI is primarily a direct service program for survivors of sex or labor trafficking, supporting more than 475 survivors of human trafficking since the program began in 2008. BEI has grown into a statewide direct services program that also provides training, awareness, outreach, and prevention education to professionals, community members, and targeted at-risk groups.

Catholic Charities and BEI understand that direct services, while vital for victims and survivors, will not ultimately address victimization reduction before it happens. Prevention education is vital. BEI has a prevention education component in addition to direct services work and is currently utilizing two curriculums to prevent the exploitation of children and youth. In 2015 BEI began pilot prevention education groups for female-identifying youth, which have since expanded and become a regular part of programming. In 2019, BEI began offering prevention education groups for male-identifying youth, which have just completed the pilot phase; with the hope of making boys groups a part of regular programming through BEI.

---

# Background

Trafficking of children and youth is happening in Kentucky communities, urban and rural, in all 120 Kentucky counties. Reports of suspected trafficking continue to increase. Children and youth are being removed from their homes and placed in foster care or residential facilities because of being commercially sexually exploited by their parent or caretaker. Some exploited youth end up in detention facilities, due to their trauma history, lack of other resources, and the lingering effects of abuse and trauma. Many other youths who are being exploited by “non-caretakers” may fall between the cracks in systems that were primarily built to respond to caretaker abuse and neglect. Law enforcement is charging more cases with trafficking offenses, and prosecutors are bringing cases through state and federal criminal courts in Kentucky. DCBS is working on developing standardized screening across their systems beginning with the Trafficking Victim Identification Tool (TVIT), while the Department of Juvenile Justice and the Administrative Office of the Courts have trafficking screening questions they currently utilized. Efforts are being made to provide specialized services to trafficked youth, in a trauma-responsive way. These efforts among child-serving systems throughout Kentucky have improved the identification and response to child trafficking statewide.

---

# Prevention Education in Kentucky

Prevention education programming in Kentucky, specific to human trafficking, is limited. And yet there are many children and youth at risk of commercial sexual exploitation, sex trafficking, or labor trafficking in Kentucky communities every day. Current prevention education resources are limited in a variety of ways: most are only provided in some public schools, education efforts often include one presentation with little engagement, educational information is for very general populations of youth, classes are limited to certain geographic areas of the state, prevention education efforts may not provide opportunities for disclosure or referrals for services, and most programs are not evidence-based or evidence informed so we don't know if they result in positive outcomes in youth.

---

# My Life My Choice

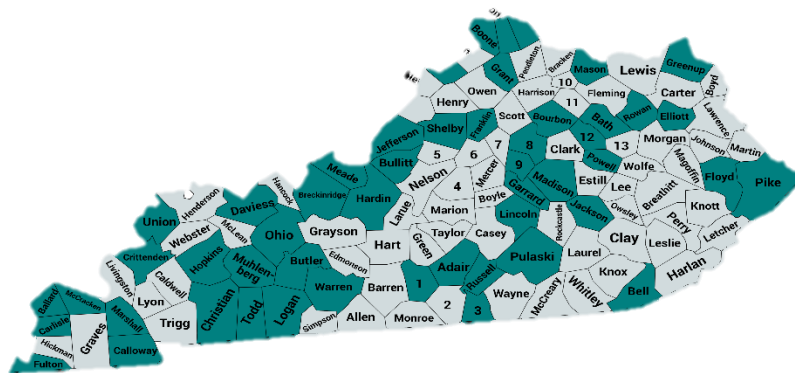
## CURRICULUM FOR FEMALE-IDENTIFYING YOUTH

My Life My Choice (MLMC) is a nationally recognized exploitation prevention curriculum created by Lisa Goldblatt Grace, Audrey Morrissey, Amy Corbett, and Denise Williams in 2003, through the Justice Resource Institute of Boston (JRI).<sup>1</sup> The curriculum was designed to help change girls' perception of the commercial sex industry, build self-esteem, and increase personal empowerment utilizing a psycho-educational model with a relational focus. MLMC groups may only be facilitated by professionals trained by JRI staff, and the curriculum was created specifically for female-identifying youth ages 12-18 who are considered high-risk for commercial sexual exploitation due to histories of abuse, neglect, violence, or substance use. MLMC went through a 3-year evaluation which found that the curriculum “demonstrated positive changes in knowledge, attitudes and behavior from the start of the program to its end. Results show [MLMC] is effective at reducing the risk of commercial sexual exploitation and improving other adverse conditions for high risk youth”.<sup>2</sup> While the evaluation highlights several key outcomes, perhaps most notably, 100% of youth in the study shared MLMC information with a peer after completing their group and experiences of commercial sexual exploitation decreased by 55% immediately after the group.<sup>3</sup>

CCL has been providing prevention education groups for female-identifying youth for 7 years utilizing the MLMC curriculum, reaching 1008 at-risk youth in 26 facilities throughout Kentucky. Groups have been held at a variety of organizations, but the majority of groups have been at DCBS residential (private childcare) facilities (36) and in public middle and high schools

(20). Groups have also been held at domestic violence centers, juvenile detention facilities, and various community-based settings such as community centers, churches, and drop-in centers for youth. Prevention education groups have been offered in several geographic regions of the state, and in a variety of facilities. The majority of groups have been in Louisville, Frankfort, and Western KY which are all urban areas, and group participants have been from 56 of the total 120 Kentucky counties. Most groups have been held in private childcare facilities, community centers, and public schools.

**Table 4: Locations of MLMC Prevention Education Groups by County (2015-2022)**



\*counties shaded in dark green indicate groups have been provided to female-identifying youth from those counties  
Source: Catholic Charities of Louisville

Of the 22 facilities where MLMC groups have been held, only two have been at Dept. of Juvenile Justice (DJJ) facilities, one in Jefferson County and one in Rowan County. Female-

<sup>1</sup> My Life My Choice Program, available online at: <https://www.mylifemychoice.org/prevention>

<sup>2</sup> Rothman, E.F., Farrell, A., Paruk, J., Bright, K.T., Bair-Merritt, M., Preis, S.R. (in press). Evaluation of a Multi-Session Group Designed to Prevent Commercial Sexual Exploitation of Minors: The My Life My Choice Curriculum. *Journal of Interpersonal Violence*

<sup>3</sup> Rothman, E.F., Farrell, A., Paruk, J., Bright, K.T., Bair-Merritt, M., Preis, S.R. (in press). Evaluation of a Multi-Session Group Designed to Prevent Commercial Sexual Exploitation of Minors: The My Life My Choice Curriculum. *Journal of Interpersonal Violence*



identifying youth in detention facilities are some of the most at-risk for commercial sexual exploitation, many having experienced years of abuse and neglect. In a 2015 study that involved interviews with 40 girls in Kentucky detention facilities, 17% of girls disclosed a history of sex trafficking, 31% disclosed having traded sex acts due to being threatened or coerced, and 34% disclosed having engaged in survival sex.<sup>4</sup> Prevention education groups need to be more available to girls in detention facilities. Prevention education groups provide these youth with opportunities for engagement, support, information, guidance, and access to resources that would help them manage their trauma, engage in healthy relationships, and decrease risk for re-victimization.

**Table 5: MLMC Group Facility Types (2015-Sep.2022)**

Types of Facilities	# Different Facilities	Total # of Groups
PUBLIC MIDDLE AND HIGH SCHOOLS	4	20
REGIONAL JUVENILE DETENTION CENTERS	2	6
COMMUNITY-BASED GROUPS	9	12
DOMESTIC VIOLENCE CENTERS	2	3
DCBS RESIDENTIAL FACILITIES	9	36
TOTALS	26	77

Source: Catholic Charities of Louisville

<sup>4</sup> Perkins, E., & Ruiz, C. Lost Girls: An Exploratory Study of Risk Factors Associated with Domestic Minor Sex Trafficking, 2015

---

My Life My Choice Groups are co-led by two facilitators, currently including at least one BEI staff member. Each group has 10 sessions (or 6 longer group sessions, with more content in each) in which the group facilitators meet with the youth and go through the curriculum content for that day. Groups are interactive, providing opportunities for the youth to share their thoughts, do group work together, work individually on activities, and ask questions of the facilitators. Group members write in journals each week, provided by BEI, and the staff respond to each individual journal entry. This allows for individual engagement with each youth and provides opportunities for the girls to disclose trafficking experiences privately, ask additional questions, or share their thoughts about class content or personal experiences in their lives. Each group member is gifted a copy of the Survivors Guide to Leaving, a journal-style book written by survivors of domestic minor sex trafficking which offers advice and resources to girls who have experienced commercial sexual exploitation or sex trafficking.<sup>5</sup> Group participants complete a pre-test at the beginning of each group and self-report demographic information and prior victimizations. They also answer some general questions about commercial sexual exploitation, which they again answer at the end of the group in a post-test. Pre and post-test data are utilized to evaluate the impact of group information in changing the thoughts and behaviors of group members.

---

<sup>5</sup> Girls Education and Mentoring Services, Survivor's Guide to Leaving, available online at: <https://www.gems-girls.org/shop>

**Table 7: Targeted Private Childcare Facilities in Kentucky**

All God's Children	Nicholasville, KY	
Appalachian Children's Home TFC	Barbourville, KY	X
Boys' & Girls' Haven - Boys	Louisville, KY	X
Brighton Center Homeward Bound	Covington, KY	
Brighton Center Scattered Site ILP	Covington, KY	
Buckhorn Children's Center	Buckhorn, Ky	
Combs Residential Services	Nancy, KY	
Comprehend Group Home & CSU	Maysville, KY	
DCCCH Center for Children and Families	Fort Mitchell, KY	
Foothills Academy	Albany, KY	
Gateway Children's Services	Mt. Sterling, KY	
Home of the Innocents	Louisville, KY	X
Hope Hill Children's Home	Hope, KY	
Kinder Haven	Glasgow, KY	
KUMH Mary Kendall Residential Treatment Program	Owensboro, KY	X
Maryhurst Residential Program	Louisville, KY	X
Otter Creek Academy	Monticello, KY	
Ramey Estep Home	Rush, KY	X
St. Joseph Children Home	Louisville, KY	
Uspiritus Brooklawn	Louisville, KY	X

\*An "X" indicates the facility has held MLMC groups there previously  
Source: New Vista, Children's Review Programs and Catholic Charities of Louisville

Group participants self-disclose prior victimizations (de-identified), highlighting histories of abuse and neglect which indicates how high-risk they may be for commercial sexual exploitation or sex trafficking. 379 group participants reported a history of child physical abuse, child sexual abuse or sexual assault, or teen dating victimization. The most reported type of victimization is bullying, reported by 465 youth, including verbal, cyber or physical bullying.

**Table 8: Prior Victimizations Reported by MLMC Group Participants**

<u>VICTIMIZATION TYPE</u>	<u>TOTAL REPORTED</u>
Bullying (verbal, Cyber, or Physical)	465
Child Physical Abuse or Neglect	379
Child Pornography	120
Child Sexual Abuse/Assault	301
Domestic and/or Family Violence	361
Hate Crime (Racial/Religious/Gender/Sexual Orientation/Other)	60
Human Trafficking: Sex	113
Identity Theft/Fraud/Financial Crime	3
Teen Dating Victimization	251

Source: Catholic Charities of Louisville

These youth are at incredibly high risk of being victimized, or re-victimized, in commercial sex or sex trafficking, unless there is an intervention that makes a difference. They risk getting stuck in a cycle of violence that may continue into adulthood, and perhaps even generationally. What BEI staff have seen in facilitating MLMC groups is that the information content of the curriculum, engagement with the youth, journaling, and increased access to resources positively impact these youth in a way that teaches them to prioritize their personal safety and make informed choices that lower their risk for victimization.

---

## What is one thing you learned from the My Life My Choice prevention education classes?

*"Don't let no one take advantage of you for no reason."*

*"Don't trust people you meet from the street."*

*"How to be safe instead of getting exploited again."*

*"To not get in the car with people, the whole group was new to me  
everything we learned about was important to me".*

*"Once you leave sex trafficking you don't have to go back."*

*"Not to say yes to people I don't know, and that they say 'once a ho always a ho' is really wrong".*

*"I can speak the truth at any time."*

*"Keep yourself safe at all times."*

Source: Catholic Charities of Louisville, Quotes from MLMC Group Participants

---

# I AM Building a Healthy Identity

## CURRICULUM FOR MALE-IDENTIFYING YOUTH

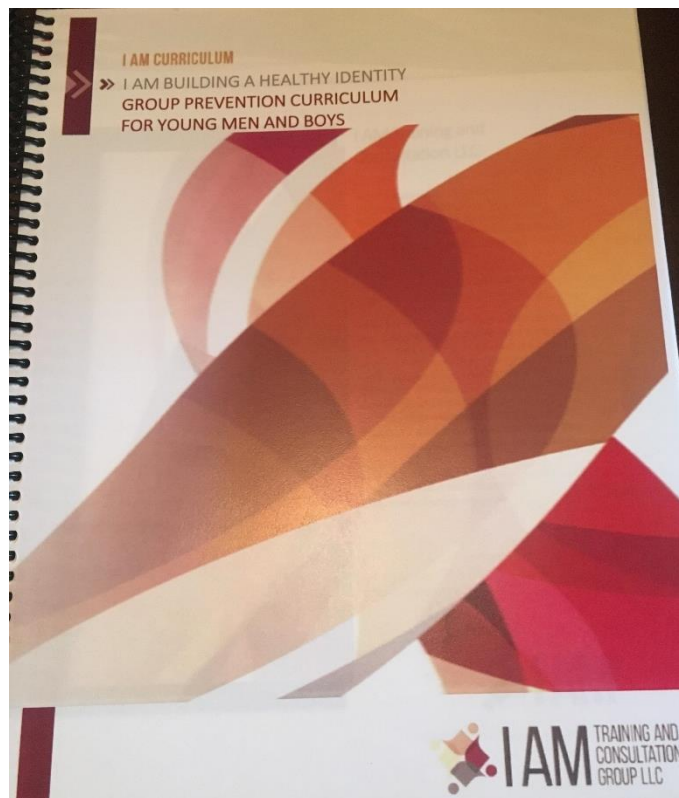
The I AM Building a Healthy Identity Group Prevention Curriculum for Young Men and Boys was implemented by BEI beginning in January 2020 with several pilot groups. The purpose of the I AM curriculum is to bring awareness and educate male-identifying youth about commercial sexual exploitation and building healthy male identities. The I AM curriculum is a 10-week prevention education program that was created by Stefania Agliano and Bryan Hall in 2017. BEI has a license with I AM to provide groups for male-identifying youth in Kentucky, beginning with three pilot groups, then expanding throughout the state.

In September 2020, BEI hosted a virtual facilitators training for 12 individuals, to provide training as curriculum facilitators. Since September 2020, six I AM groups have been facilitated, all at Louisville-area residential facilities, including Stone Cottage (Bellewood), Boys Haven, and Home of the Innocents. A total of 59 male-identifying youth participated in these 6 groups, ranging from 13-17 years of age. Unfortunately, Covid-19 continued to impact implementation of many of these groups, and several ended early due to outbreaks and increased public health restrictions at the facilities. Group facilitators identified that despite the Covid challenges which impacted group length, the groups did provide the participating youth with information specific to many of their experiences and offered a safe space to process those experiences and the impact on them individually. Several male youth participating in the groups identified as having experienced some form of exploitation.

## I AM Prevention Education Groups for Male-Identifying Youth (2020-2022)

Facility	Location	# of Youth Participants	Start Date of Group
Bellewood Residential Facility Stone Cottage	Louisville, KY	8	September 24, 2020
Boys Haven Residential Facility(G1)	Louisville, KY	9	September 22, 2020
Boys Haven Residential Facility (G2)	Louisville, KY	11	September 22, 2020
Home of the Innocents	Louisville, KY	10	March 2, 2021
Boys Haven	Louisville, KY	9	August 19, 2021
Home of the Innocents	Louisville, KY	9	March 3, 2022

Source: Catholic Charities of Louisville



Source: Catholic Charities of Louisville

# Expanding Prevention Education:

BEI is committed to expanding prevention education utilizing the My Life My Choice and I AM prevention education curricula and will continue to build partnerships with youth-serving organizations in Kentucky. Community partners are vital for hosting groups and providing staff as trained group facilitators. BEI will facilitate and fund training for additional My Life My Choice facilitators in 2023, just as additional I Am facilitators were trained in 2020.

Catholic Charities BEI has focused during the last year on increased awareness efforts among youth through organized awareness events on site at schools and service provider organizations serving youth. Seven awareness events were provided in 2022 reaching over 500 youth. Awareness presentations provided general information about human trafficking as a form of primary or secondary prevention for youth. Topics included an overview of human trafficking definitions, tactics of a trafficker, methods of control, typologies of trafficking, resources, prevention education information, and information on specialized services available through the Bakhita Empowerment Initiative and other local organizations.

## Human Trafficking Awareness Events with Youth (2022)

BEI staff provided awareness presentations at Bryan Station High School on September 19<sup>th</sup> and September 21<sup>st</sup>, 2022 reaching 468 youth and 22 staff members who were in attendance. The presentations were available in five different languages including Swahili,

Facility	Location	# of Events	# of Youth	Additional Information
Newcomer Academy	Louisville, KY	1	unknown	Provided resources available for all students while La Casita provided presentations on trafficking
YMCA Safe Place	Louisville, KY	3	21	Ongoing
Backside Learning Center	Louisville, KY	1	unknown	Presentation provided in Spanish and broadcast virtually on FB Live
Martin Luther King Academy	Lexington, KY	1	20	Presentation resulted in starting first Lexington area prevention group
Bryan Station High School	Lexington, KY	10	468	Presentation and materials available in Swahili, Spanish, English, French and Kinyarwanda.



---

Spanish, English, French, and Kinyarwanda utilizing bilingual staff and interpreters with headsets. The video "[I Am Little Red](#)" was utilized during the presentation (in English or Spanish, respectively) and the video transcript was made available to attendees in French, Swahili, and Kinyarwanda as well. A variety of materials were provided to attendees, including a CCL Prevention Education Brochure, a Labor Trafficking Fact Sheet, and [OVC Human Trafficking Graphic Novels](#) for children and youth (Sergio's Story, Zoe's Story, Jamie's Story, and What's Going On?). Printed materials were available in English, Spanish, French, Swahili, and Kinyarwanda. Most materials included the National Human Trafficking Hotline Number for crisis response support. These awareness events resulted in plans to offer future prevention education groups at the school in English and Spanish.

BEI collaborated with Newcomer Academy (a public middle and high school for recently arrived foreign-born youth) and La Casita Center (a community-based service organization supporting Latinx populations in Louisville) to provide information and resources and to the students and staff. This collaborative awareness event provided the opportunity to connect with youth from various ethnic backgrounds and cultures, including Afghan, Congolese, and Latinx youth from many different countries, among others.

BEI has attended several conferences and provided outreach and awareness inclusive of prevention information throughout 2022. These events provided additional opportunities to develop collaborative partnerships for prevention and to provide information about prevention education and human trafficking more broadly.

---

### Conference Resource Table Attendance

Host Organization	Event	Attendees
Prevent Child Abuse Kentucky	Kids are Worth it Conference	Child-serving professionals
Lady Eunoia	2 <sup>nd</sup> Annual Career Fair	African American youth and community members
Community Collaboration for Children (CCC)	CCC Child Abuse Awareness State Kick Off Event	Community members and child serving professionals
State of Kentucky	Family Court Conference	Legal professionals
KY Association of Sexual Assault Programs	Ending Sexual Assault and Domestic Violence Conference	Victim advocates, law enforcement, behavioral health

In 2023 Bakhita prevention programming will expand to include a third prevention education curriculum. [Not a Number](#) is an evidence-informed prevention curriculum that addresses both sex and labor trafficking, and may be utilized with youth of any gender. The curriculum was developed by Love146 and is currently being utilized in several states throughout the U.S. Bakhita staff will be trained on the Not a Number curriculum in early 2023 and implement pilot groups throughout 2023 in Kentucky. The addition of Not a Number will provide the opportunity to engage in prevention education with larger groups that are inclusive of all youth.

The Bakhita Empowerment Initiative at Catholic Charities of Louisville will continue to expand prevention education efforts to engage with diverse youth throughout Kentucky, sharing information that is language accessible, to address both sex and labor trafficking to increase the safety and well-being of Kentucky youth.

# Appendix A:

## The Bakhita Empowerment Initiative

A program that focuses on building capacity to address all forms of human trafficking, focusing on both **prevention** and **response**.

The Bakhita Empowerment Initiative works to **increase awareness** of human trafficking, provide **training and technical assistance** to professionals and community members, engage in **prevention work**, engage in **outreach** to high-risk populations, provide **direct services** to survivors of trafficking, and **increase capacity** to address human trafficking issues in Kentucky and the larger anti-trafficking field.

### Core Values:

- Personal Choice
- Empowerment
- Non-Exploitative Survivor Engagement
- Trauma-Informed Approach
- Culturally Appropriate Services
- Non-Discriminatory Access to Services

### Contact Information:

Tamar Israel  
Prevention Education Coordinator  
Bakhita Empowerment Initiative  
Cell: 502-341-5901  
Office: 502-8732566 x135  
[tisrael@archlou.org](mailto:tisrael@archlou.org)

Catholic Charities of Louisville  
2222 West Market Street  
Louisville, KY 40212  
[www.cclou.org](http://www.cclou.org)



Welcome | Strengthen | Empower

Providing Help. Creating Hope.

## Sex Trafficking and Commercial Sexual Exploitation of Youth

## Prevention Education Classes

Utilizing the My Life My Choice Curriculum for Female-Identifying Youth

### Primary and Secondary Prevention



Advocacy | Dignity | Diversity

Empowerment | Healing

Hope | Respect | Support

## My Life My Choice

### Prevention Education Groups

My Life My Choice is a nationally acclaimed and evidence-based Exploitation Prevention Curriculum that helps female-identifying youth decrease risk factors and increase protective factors.

The curriculum, Preventing the Commercial Sexual Exploitation of Adolescent Girls, was developed for female-identifying youth ages 12-18. Group sessions are interactive, offer journaling activities, and include authentic testimonies of survivors.

- Groups may be held virtually or in-person
- Group typically meet one hour each week for ten weeks
- No cost to attend
- Language access available for youth who identify a language other than English as their preferred language
- Groups are hosted in collaboration with community partners
- Catholic Charities staff facilitate groups in collaboration with other trained facilitators in the community

### Goals

#### Change Attitudes

Challenge ideas about commercial sexual exploitation to emphasize that the industry is dangerous and not glamorous.

#### Increase Knowledge

Share information about what makes youth vulnerable to exploitation and the tactics of recruitment.

#### Learn New Skills

Empower youth to identify and avoid recruitment or identify supports and resources in exiting "the Life."

The My Life My Choice Curriculum: Preventing the Commercial Exploitation of Adolescent Girls was created by Lisa Goldblatt Grace, Denise Williams & Audrey Morrissey, with the Justice Resource Institute.

For more information about the curriculum visit [www.mylifemychoice.org](http://www.mylifemychoice.org)



Image source: My Life My Choice, 2021

### Topics

Session 1: Introduction & Welcome

Session 2: Understanding Predators & Recruitment

Session 3: Trust in Relationships

Session 4: Reducing Risk of Exploitation

Session 5: Substance Misuse & Exploitation

Session 6: Developing Self Esteem

Session 7: Sexual Health

Session 8: Making it Real: Stories - The Life

Session 9: I'm Not Alone: Help & Safety

Session 10: Celebration & Farewell

### What is one thing you learned?

"That you can't always tell who people are just by looks."

"Pimps come in all shapes and sizes, and once that one time happens, it's so easy to get into the life."

"I learned that I am a leader and that people look up to me."

"I learned how to say no to a pimp."

Source: Catholic Charities of Louisville, 2022  
Quotes from group participants at KY Dept. of Juvenile Justice Facilities

---

# Appendix B:

## My Life My Choice Exploitation Prevention Curriculum

Written by Lisa Goldblatt Grace, Audrey Morrissey, Amy Corbett & Denise Williams

### Curriculum Overview:

*“The My Life, My Choice Program, was founded in 2002 by the Justice Resource Institute in Boston, MA. My Life My Choice is a ten-session curriculum developed for any girls between the ages of 12- 18. Participants are girls who are at high risk of being exploited or who are victims of exploitation. The My Life My Choice curriculum works to provide adolescent girls with the knowledge and skills necessary to make informed choices and avoid being sexually exploited. The Curriculum includes several interactive activities, discussions, journaling, and stories directly from survivors.”<sup>6</sup>*

### Session Topics:

#### Session 1: Introduction and Welcome

Introduces participants to the structure of the groups and participants set their own ground rules for group sessions, which will provide additional structure to the sessions. Participants complete pre-tests and demographic forms and discuss myths and facts about commercial sexual exploitation.

#### Session 2: Game Recognize Game: Understanding Predators and Recruitment

Increases participants’ awareness of the presence of pimps in their communities and online and how pimps try to recruit girls. Girls learn to identify the signs of a predator and become familiar with the realities of what commercial sexual exploitation is like in reality. Activity called “Anatomy of a Pimp” provides opportunities to debunk myths about pimps.

#### Session 3: Can You Handle the Truth?: Figuring Out Who You Can Trust

Increases participants’ understanding of healthy versus exploitive relationships. Discussion of indicators to let participants know when someone might not be trustworthy. Activity called The “Continuum of Exploitation” provides participants the opportunity to mark where they think their relationships fall on the continuum from healthy to unhealthy/exploitive.

---

<sup>6</sup> Goldblatt Grace, Lisa, et al., My Life My Choice Exploitation Prevention Curriculum, 2003.

---

#### Session 4: Do You Really Want to Hurt Me?: Reducing Your Risk of Exploitation

Increases knowledge about risks associated with being “in the life”, the fact that buyers provide the demand for commercial sexual exploitation, and explores ways the girls can advocate for themselves to reduce their own risk. Dear John Activity lets participants write a “Dear John” letter, responding to the question: “If you had an opportunity to talk with a “John” (buyer) who was standing in front of you, what would you say?”

#### Session 5: Making the Link: Substance Abuse and Exploitation

Participants learn about difference illicit substances and engage in a group activity that discusses the impact of using different substances, the links between substance misuse and commercial sexual exploitation, and addressing their own substance misuse.

#### Session 6: I Come First: Developing Self- Esteem

Increase understanding of messages about identify that we all receive from media and other sources around us, debunking false ideas of who we are, and connecting these external messages to personal identity and sense of self-esteem. Collage Activity provides participants the opportunity to create their own vision board of who they are and what they are like as individuals (past, present, future), cut from images and works in magazines, or drawn with markers.

#### Session 7: Sexual Health: My Body My Choice

Discussion of the connection between commercial sexual exploitation, sexual health, and risk. Participants are able to think through and discuss their own personal values specific to sexual health and well-being. Activity “Who is at Risk” provides opportunity for girls to connect negative health outcomes with sexual health and commercial sexual exploitation.

#### Session 8: Making it Real: Stories from “the Life”

A survivor of commercial sexual exploitation either speaks at this session or a video such as “Very Young Girls” is viewed by the girls, offering insight into the specifics of how someone may be commercially sexually exploited, the impact of that experience, and strategies to exit exploitative experiences. Participants are able to ask questions to a survivor speaker and gain additional insight about their experiences and personal insight.

#### Session 9: I’m Not Alone: Finding Help and Finding Safety

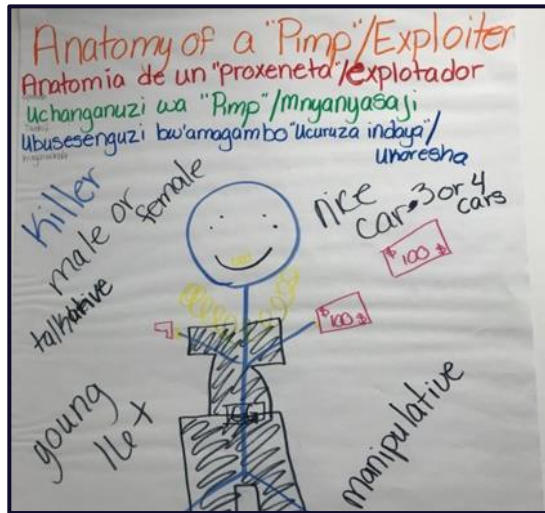
Participants are encouraged to identify a trustworthy adult in their life, and are provided resources to support them moving forward, including information on how to exit an exploitative situation.

## Session 10: Celebration and Farewell

The last session recaps some of the information learned in the previous sessions, and focuses on celebrating the fact that each girl completed the class. Certificates of completion are presented.

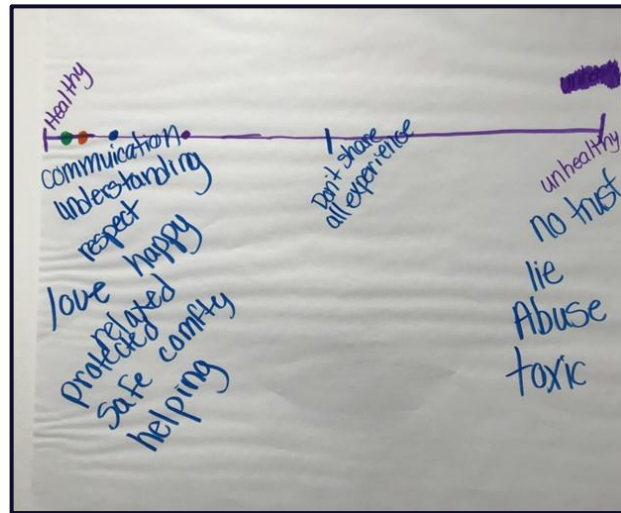
### Activity Examples:

#### "Anatomy of a Pimp"



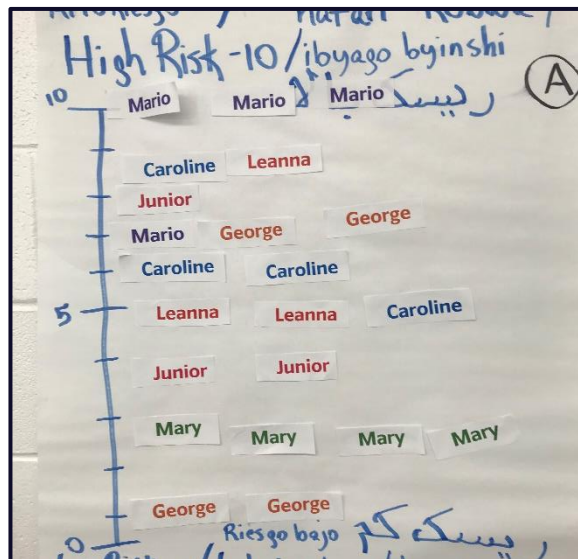
Source: Catholic Charities of Louisville

#### "Continuum of Exploitation"



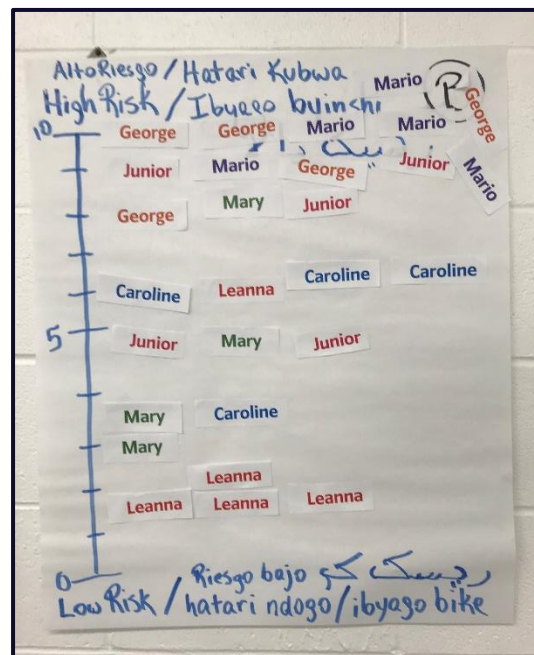
Source: Catholic Charities of Louisville

#### Who is Higher Risk? Part 1



Source: Catholic Charities of Louisville

#### Who is Higher Risk? Part 2



Source: Catholic Charities of Louisville



---

# Appendix C:

## I AM Building A Healthy Identity Group Prevention Curriculum for Young Men and Boys Written by Stefania Agliano and Bryan Hall

### Curriculum Overview:

*“The I AM Building a Health Identity 1:1 Group Prevention Curriculum infuses relevant life experiences to connect with intended participants and is designed to create an environment where young men and boys can safely explore topics, including but not limited to, peer group inclusion, violence masculinity, gang involvement, media influence, action impact, bullying, sexual assault and understanding consent, as well as sexual exploitation and trafficking. This curriculum provides a framework for engaging young men and boys while promoting insight into the struggle many youth endure which places them at a greater risk for becoming involved in the criminal justice system and/or perpetrate violence against others.”<sup>7</sup>*

### Session Topics:

#### Session One: I AM PART OF A BROTHERHOOD

This session explores the concept of a brotherhood. Participants will define in their own words, what a brotherhood means to them and develop ground rules for moving forward. In this session, participants are asked to identify what attributes they believe they should possess that define them as a man.

#### Session Two: I AM MORE THAN A STATISTIC

This session explores violence perpetrated in our society by men with an emphasis on violence against women and young girls in the United States. Participants will begin to understand the rape culture that exists in our country and be challenged to question what has become the norm.

#### Session Three: I AM MORE THAN ALL I SEE AND HEAR

Session three challenges participants to examine the messages to young men through social media and the internet, inclusive of pornography, as well as its damaging impact to how young men interact with the world around them and issues related to sexual exploitation, community violence, and limiting social roles.

#### Session Four: I AM MORE THAN THE PIMP YOU WANT ME TO BE

---

<sup>7</sup> I AM Training and Consultation LLC, I AM Curriculum Building a Healthy Identity Group Prevention for Young Men and Boys, 2020.

---

This session is a continuance of session three; examining popular music and culture with a main emphasis on the dominant music genre; Hip Hop. Participants will be asked to discuss what messages they are given about who they should be as young men, how women should be treated, and the dangers associated with the glorification of the PIMP culture.

#### Session Five: I AM LOOKING BENEATH THE SURFACE

This session challenges participants to critically examine their perceptions of how and why women engage in sexual relationships and the influence that a person's past trauma may have on their decision making, as well as their own. Participants will explore how the relationships in their home life and childhood have shaped how they gave and received love.

#### Session Six: I AM BEYOND THE BLOCK

Session six ask participants to explore the community they are from, what they learned and what they see around them. In session, participants will consider what limitation they may face due to the circumstance and conditions in which they are living. Discussion on disproportionality and disparate treatment in several systems impacting youth of color, the impact of poverty and the effects of exposed to trauma will be discussed to help youth begin to see a bigger picture and life "beyond the block".

#### Session Seven: I AM IN THE MOMENT AND READY TO WIN

Session seven will use the scope of athletic competition to teach core life values to participants who through the subliminal conditioning previously discussed, might otherwise, subscribe to societal messages that facilitate the development of damaging behaviors. In this session, participants will review and discuss critical moments of various sporting events and relate the decision-making process to real life choices that significantly impact the direction they are headed, how they treat others, and how they impact their world and the world of others.

#### Session Eight: I AM IN CONTROL OF THE ROAD I TRAVEL

In this session, youth will visualize their life journey and try to take control of their path. Discussions will allow exploration of their perception on the roads opened to them based on race, socio-economic status and hyper-masculine ideologies.

#### Session Nine: I AM THE RULE NOT EXCEPTION

In session nine, participants are asked to continue to explore the personal journey they are on and challenged to recognize they are greater than the world around them. Participant will be asked to examine the qualities and characteristics they possess that add to the love and life of others, that set them above the limited expectations others and society has had of them, and to articulate the ways they can take their lives to place where they can live to their fullest potential.

#### Session Ten: I AM AMAZING

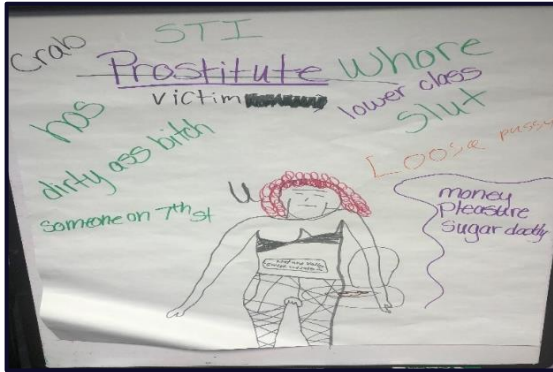
This session should be a celebration, a time to make amends and time to reflect on the changes



in perceptions that have been made<sup>8</sup>.

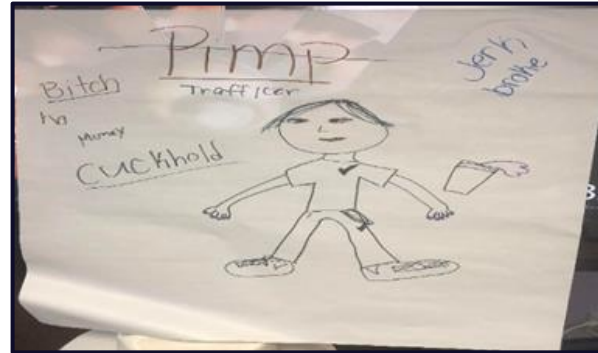
### **Activity Examples:**

“What is a prostitute?”



Source: Catholic Charities of Louisville

“What is a Pimp?”



Source: Catholic Charities of Louisville

### **“Respect Her”**

Question: How does your mom know you respect her?

I give her hugs and listen to her and that is how I show her respect.

Question: Why does she deserve your respect?

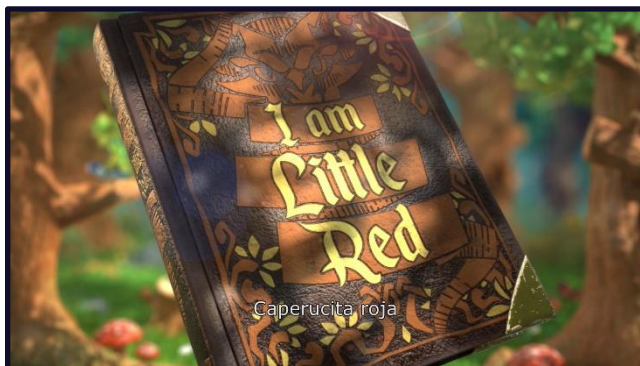
Because she has always been there for me.

Source: Catholic Charities of Louisville

<sup>8</sup> I AM Training and Consultation LLC, I AM Curriculum Building a Healthy Identify Group Prevention for Young Men and Boys, 2020.

## Appendix D:

### I. I Am Little Red Video Resource



CCL staff and interns wrote out the video transcript fully, in English, and had the transcript translated into Swahili, Kinyarwanda, and French, allowing interpreters using headsets to read the translated transcript as the video was playing for the youth in English. The Spanish language video was utilized with Spanish-speaking youth.

Information about the making of “I Am Little Red” from the video’s website (<https://www.iamlittlered.com/>):

*“I AM LITTLE RED is a 10-minute animated short, created by Linda Cabot, aimed at children most at-risk for sex trafficking (e.g. foster-care, runaway, LBGTQ, homeless, and adopted children), with the goal of prevention and awareness. The film, narrated by Academy Award nominee Jessica Chastain (English) and Aislinn Derbez (Spanish), animated by Academy Award winners Gabriel Osorio and Pato Escala from Punkrobot, and written by 10 survivors of sex trafficking (aged 14-21) along with Alec Sokolow (Academy Award nominated writer of Toy Story) and Mary Mazzio, is a contemporary re-imagining of the classic fairy tale, Little Red Riding Hood.*

*I AM LITTLE RED addresses the four tactics a “wolf” (trafficker/pimp) will typically use to lure a Little Red off their path.” (source: I Am Little web site.*

I am Little Red Transcript **English**

0:00-0:35 Preludes (no audio)  
0:38 Hello out there in the real world. Lady Jay here in her happy and bright world. Think of me as your very good looking fairy god mother. Now I know you're all too old for fairy tales, but I want to tell you all a tale. Once upon a time far, far away in a magical land, there lived a child named Little Red. Actually, the land isn't that

Ndi Inyandiko Itukura **Kinyarwanda**

0:00-0:35 Preludes (nta majwi)  
0:38 Mwaramutse hano kwisi. Umukocuru Jay hano mubushimo bya kandi umucyo isi. Tekereza Bya nyije nka yawe cyane byiza kureba peri nyina w'imana. Noneho ndabizi ko mwese mukuze cyane mugani, ariko ndashaka kubivuga wowe byose a mugani. Rimwe kuri a igihe kure, kure kure in a magic butaka, habaho umwana witwaga Umukuru muto. Mubyukuri, igihugu ntabwo kiri kure kandi ntabwo ari amarozzi- ni igihugu cyawe, umwanya wawe, umujyi wawe. Niba kandi rwose tugiye gukomeza iyi nkuru nyayo Umukuru wanjye muto, reka twinjire. Iyi nkuru ivuga kuri Byose bito Umukuru uri hanze kandi unyizere- bari hose. Abakobwa, abahungu wowe kwimenyekanisha-

Mimi Ni Nakala ya Little Red **Swahili**

0:00-0:35 Mwanzo (hakuna sauti)  
0:38 Salamu huko nje ulimwenguni wa kweli. Lady Jay hapa ulimwenguni wake wa furaha na mng'aro. Nifikirie kama mdhamini yako mzuri sana. Sasa ninajua nyinyi wote ni wazee sana kwa hadithi za kizimwi, lakini ninataka kuwaaambia nyinyi wote hadithi ya kizimwi. Hapo zamani za kale, mbali, mbali katika nchi ya miujiza, paliishi mtoto aliyeitwa Little Red. Kwa kweli, nchi hiyo si mbali sana na si ya miujiza sana- ni nchi yako, mahali pako, mji wako. Na kama kweli tutaiveka hadithi hii kuwa halisi Little Red wangu, wacheni tujipange. Hadithi hii ni ya kuwahusu Little Red wote ambao wako huko nje na niamini- wako kila mahali. Wasichana, wavulana, vile unajitambulisha mwenyewe- Little Red anaweza kuwa wewe, na wewe, na wewe.

# Appendix D:

## II. Labor Trafficking Fact Sheet

### English



### NATIONAL HUMAN TRAFFICKING HOTLINE

» TEXT "BeFree" (233733)

» 1-888-373-7888

» [Humantraffickinghotline.org](https://www.humantraffickinghotline.org)

# Labor Trafficking

## LABOR TRAFFICKING OF CHILDREN AND YOUTH

### WHAT IS LABOR TRAFFICKING?

The recruitment, harboring, transportation, provision, or obtaining of a person for labor or services, through the use of force, fraud, or coercion for the purpose of subjection to involuntary servitude, peonage, debt bondage, or slavery.

### TACTICS USED TO EXPLOIT YOUTH

Force

Smuggling

Coercion

Fraud

### SCENARIOS

Parents require their children to assist in their panhandling scheme: taking money from cars, holding signs, counting money, and also sexually abuse the children.

A foreign-born teen is sold into marriage to an adult man who brings her to the U.S where he sexually assaults her and forces her to work in the field.

Parents require their teenage children to make items to sell and advertise them for work to others. The teenagers are forced to get tattoos, are sexually abused, and punished excessively.

### LABOR TRAFFICKING TYPOLOGIES IDENTIFIED IN KENTUCKY

- » Forced Criminal Activity
- » Restaurants
- » Traveling Sales Crews
- » Agriculture

- » Peddling & Begging
- » Commerical Cleaning
- » Recreational Facilities
- » Domestic Work



## Swahili



NAMBARI YA RIPOTI  
KWA USAFIRISHAJI  
HARAMU YA KITAIFA

TEXT "BeFree" (233733)

1-888-373-7888

Humantraffickinghotline.org

## Kazi ya Kulazimishwa

KAZI YA KULAZIMISHWA KWA WATOTO NA  
VIJANA WA KAZI

### Je kazi ya kulazimishwa ni gani?

Kuajiri, kuhifadhi, usafirishaji, utoaji, au  
kumchukua mtu kwa kazi au huduma, kwa kutumia nguvu, ulaghai, au  
kulazimishwa kwa madhumuni ya kufii utumwa bila hiari, utumwa, utumwa  
wa deni, au utumwa.

### MBINU ZINAZOTUMIKA KUWANYANYASA VIJANA

Kwa nguvu

Usafirishaji  
haramu

Kulazimisha

Ulaghai

## MATUKIO

Wazazi wanahitaji watoto wao kusaidia katika mpango wao wa  
kutunza watoto: kuchukua pesa kutoka kwa magari, kuonyesha ishara,  
kuhesabu pesa, na pia kunyanyasa watoto kingono.

Kijana mzaliwa wa kigeni anauzwa kuolewa na mwanamume mtu mzima  
ambaye anamleta Marekani ambako anamnyanyasa kingono na  
kumlazimisha kufanya kazi shambani.

Wazazi huwataka watoto wao matineja watengeneze vitu vya kuuza na  
kuvitangaza kwa wengine kwa ajili ya kazi. Vijana wanalazimishwa  
kuchora tattoo, wananyanyaswa kingono, na kuadhibiwa kupita kiasi.

### AINA ZA KAZI ZA KULAZIMISHWA

### ZILIZOTAMBULISHWA KATIKA JIMBO LA KENTUCKY

- » Shughuli ya jinai ya kulazimishwa
- » Mkahawani
- » Kuuza tikiti za usafiri
- » Kilimo

- » Kuuza mihadarati na kuombaomba
- » Usafirishaji wa Kibiashara
- » Vifaa vya Burudani
- » Kazi za nyumbani



Source: 18 U.S.C. § 1581 & 1584, Victims of  
Trafficking and Violence Protection Act,  
(2000), Sec. 201-103, 106th U.S. Congress.  
Image Source: Shutterstock, Used with  
Permission

## Kinyarwanda

# Ubucuruzi bw'abakozi

## UBUCURUZI BW'ABAKOZI B'ABANA N'URUBYIRUKO

### UBUCURUZI BW'ABAKOZI NI IKI?

Ni ugushaka, guhisha, gutwara, gutanga cyangwa kubona umuntu ukora akazi cyangwa utanga serivisi hakoreshejwe ingufu, uburiganya cyangwa agahato hagamijwe kumwigarurira ngo akoreshe imirimo y'uburetwa, akoreshe uburetwa mu kwishyura amadeni, akoreshe nk'umuja mu kwishyura amadeni cyangwa akoreshe ubucakara.

### UBURYO BUKORESHA MU GUSHAKIRA INYUNGU MU GUKORESHA URUBYIRUKO

Ingufu

Gutwara  
wihishwa

Agahato

Uburiganya

### UKO BIGENDA

Ababyeyi basaba abana babo kubafasha gusabiriza mu muhanda: harimo gusaba amafaranga imodoka zitambuka, gufata ibyapa byo gusabiriza, kubara amafaranga ndetse no kubakorera ihohoterwa rishingiye ku gitsina.

Umwana wo mu kindi gihugu utarageza imyaka y'ubukure ashyingiwe umugabo mukuru kubera amafaranga kugira ngo amujyane muri Leta Zunze Ubumwe z'Amerika aho azajya amukorera ihohoterwa rishingiye ku gitsina ndetse akanamukoresha mu mirimo.

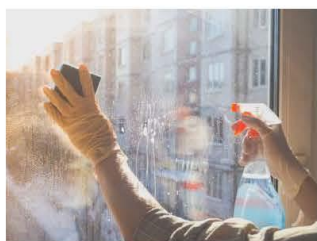
Ababyeyi babwira abana babo b'ingimbi n'abangavu gukora ibintu byo kugurisha kandi bakanagenda babwira abandi ko bafite abana bashoboye akazi bashobora gukora. Ingimbi n'abangavu bashyirwaho ibishushanyo ku ngufu, bagakorerwa ihohoterwa rishingiye ku gitsina kandi bagahanwa birenze urugero.

### UBWOKO BW'UBUCURUZI BW'ABAKOZI BUBONEKA MURI KENTUCKY

- » Gushorwa mu byaha
- » Resirota
- » Abakozi bagenda bacuruzwa
- » Ubuhinzi

- » Kubunza ibicuruzwa no gusabiriza
- » Gukora amasuku
- » Ahakorerwa ibikorwa by'imyidagaduro
- » Akazi ko mu rugo

Aho byavuye: 18 U.S.C. § 1581 & 1584, Victims of Trafficking and Violence Protection Act, (2000), Sec. 201-103, 106th U.S. Congress.  
Aho ifoto yavuye: Shutterstock, Yakoreshejwe byatangiye uburenganzira



UMURONGO  
UTANGIRWAHO UBUFASHA  
BUJYANYE N'UBUCURUZI  
BW'ABANTU MU GIHUGU



OHEREZA UBUTUMWA  
BURIMO IJAMBO "BeFree"  
(233733)



1-888-373-7888



Humantraffickinghotline.org





## Spanish



LÍNEA TELEFÓNICA  
NACIONAL CONTRA LA  
TRATA DE PERSONAS

Envíe "BeFree" al 233733

1-888-373-7888

Humantraffickinghotline.org

# Labor Trafficking

## TRATA LABORAL DE NIÑOS Y ADOLESCENTES

### ¿QUÉ ES LA TRATA LABORAL?

Se refiere al reclutamiento, acogida, transporte, provisión u obtención de una persona para que trabaje o preste servicios mediante el uso de fuerza, fraude o coerción con el fin de someterla a servidumbre involuntaria, peonaje, opresión por deudas o esclavitud.

### TÁCTICAS UTILIZADAS PARA LA EXPLOACIÓN JUVENIL

A la fuerza

Tráfico

Coerción

Fraude

### ESCENARIOS

Los padres les exigen a sus hijos que ayuden en el engaño de mendicidad: pedir dinero a los coches, sujetar carteles, contar dinero e incluso llegan a abusar sexualmente de los niños.

Vender a un(a) adolescente nacido(a) en el extranjero para casarse con un hombre adulto, quien lo(a) traerá a Estados Unidos, donde recibe agresiones sexuales y se le obliga a trabajar en el campo.

Los padres obligan a sus hijos adolescentes a fabricar artículos y venderlos, así como anunciarlos para que los jóvenes trabajen con otros adultos. A los adolescentes se les obliga a hacerse tatuajes, sufren abusos sexuales y los castigan en exceso.

### TIPOLOGÍAS DE TRATA LABORAL RECONOCIDAS EN KENTUCKY

- » Actividades delictivas forzadas
- » Restaurantes
- » Vendedores ambulantes
- » Agricultura

- » Venta ambulante y mendicidad
- » Limpieza de negocios
- » Instalaciones recreativas
- » Trabajo doméstico



Fuente: 18 U.S.C. § 1581 & 1584, Ley de protección de víctimas de trata y violencia. (2000). Art. 201-103, 106th Congreso de los EE. UU.  
Fuente de la imagen Shutterstock, con permiso para su uso

## Arabic

### الاتجار بالعمالة

#### الاتجار بالشباب والأطفال بغرض العمالة

##### ما هو الاتجار بالعمالة؟

نجنيد أو إبقاء أو نقل أو توفير أو الحصول على شخص للعمل أو الخدمات ، من خلال استخدام القوة أو الاحتيال أو الإكراه لغرض الخضوع للعبودية القسرية أو الرهن أو عبودية الديون.

##### الأساليب المتبعة لاستغلال الشباب

الاحتيال

الاكراه

التخريب

القوة

##### سيناريوهات

بطلب الآباء من أطفالهم المساعدة في التسول

المخطط: أخذ نفوذ من السيارات ، وحمل الاقنات ، وعد النفود ، وأيضاً الاعتداء جنسياً على الأطفال

يتم بيع مراهقة مولودة في الخارج للزواج من رجل بالغ

بجلبها إلى الولايات المتحدة حيث بها جمها جنسياً وبرغمها على العمل في هذا المجال

بطلب الآباء من أطفالهم المراهقين صنع أشياء للبيع والإعلان عنها للعمل لدى الآخرين. يُجبر المراهقون

على التوشم ، ويتعرضون للاعتداء الجنسي ، ويعاقبون بشكل مفرط.

##### أنواع الاتجار بالعمالة في كنتاكي

- النجوال والتسول

- التنظيف التجاري

- المرافق الرفيعة

- العمل المنزلي

- النشاط الاجرامي القسري

- المطاعم

- مجاميع بيع منفلة

- الزراعة

الخط الساخن الوطني للاتجار بالبشر

مسج "Be Free" 233733

1-800-373-7888

Humantraffickinghotline.org

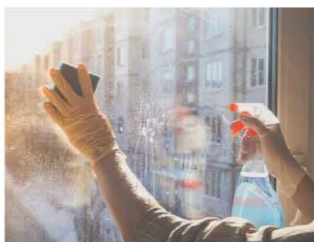




## French

# Trafic de main-d'œuvre

## TRAFIC D'ENFANTS ET D'ADOLESCENTS LIÉS AU TRAVAIL



LIGNE DIRECTE  
TRAFIC NATIONAL  
D'ÊTRES HUMAINS



TEXTE "BeFree" (233733)



1-888-373-7888



Humantraffickinghotline.org

## QU'EST-CE QUE LE TRAFIC DE MAIN D'OEUVRE?

Le recrutement, l'hébergement, le transport, la disposition ou l'obtention d'une personne pour un travail ou des services, par l'utilisation de la force, de la fraude ou de la coercition dans le but de la soumettre à la servitude involontaire, à la servitude pour dettes ou à l'esclavage.

## TACTIQUES UTILISÉES POUR EXPLOITER LES JEUNES

Force

Contrebande

Coercition

Fraude

## SCÉNARIOS

Les parents demandent à leurs enfants de les aider à mendier: prendre l'argent dans les voitures, tenir des pancartes, compter l'argent, et aussi abuser sexuellement des enfants.

Une adolescente née à l'étranger est vendue en mariage à un homme adulte qui l'emmène aux États-Unis où il l'agresse sexuellement et l'oblige à travailler dans les champs.

Les parents exigent de leurs enfants adolescents qu'ils fabriquent des articles à vendre et qu'ils en fassent la publicité auprès des autres. Les adolescents sont obligés de se faire tatouer, sont victimes d'abus sexuels et sont punis de manière excessive.

## TYPOLOGIES IDENTIFIÉES DE TRAFIC DE TRAVAIL AU KENTUCKY

- » Activité criminelle forcée
- » Restaurants
- » Équipes de vente itinérantes
- » Agriculture
- » Colporter et mendier
- » Nettoyage commercial
- » Installations récréatives
- » Travail domestique



Source: 18 U.S.C. § 1581 & 1584, Victims of Trafficking and Violence Protection Act. (2000). Sec. 201-103, 106th U.S. Congress. Image Source: Shutterstock, Used with Permission



### III. Prevention Education Registration Flyer (multiple languages)



Group sessions are interactive, offer journaling activities, and include authentic testimonies of survivors

Topics include: Trust in Relationships , Developing Self Esteem, and Help & Safety

Groups are limited to female-identifying youth only

Groups are once per week during Flex Period

There is no cost to attend

Register here: <https://bit.ly/BSHS-English> or using the QR code »



Las sesiones grupales son interactivas, ofrecen actividades de escribir en un diario e incluyen testimonios auténticos de sobrevivientes

Temas incluyen: Confianza en las Relaciones, Desarrollo de la Autoestima, y Ayuda y Seguridad

Los grupos son limitados a jóvenes que se identifican como mujeres

Los grupos se reúnen una vez la semana durante el Período Flexible.

No hay ningún costo para asistir

Registrarse aquí: <https://bit.ly/BSHS-Spanish> o usando el código QR »



Les sessions de groupe sont interactives, elles proposent des activités de rédaction de journal et comprennent des témoignages authentiques de survivants.

Les sujets abordés sont les suivants : La confiance dans les relations, le développement de l'estime de soi, ainsi que l'aide et la sécurité.

Les groupes sont limités aux jeunes s'identifiant comme étant des femmes (filles).

Les groupes ont lieu une fois par semaine pendant la période Flex (de transition).

La participation est gratuite.

Inscrivez-vous ici : <https://bit.ly/BSHS-French> ou en utilisant le code QR »



Vipindi vya kikundi ni vya ma ingiliano, hutoa shughuli za uandishi wa habari, na hujumuisha ushuhuda halisi za wahasiriwa

Mada ni pamoja na: Uaminifu katika Mahusiano, Kukuza Kujithamini na Msaada na Usalama

Vikundi ni vichache kwa vijana tu wanaotambulika kuwa wa kike

Vikundi ni mara moja kwa wiki katika kipindi cha Flex

Hakuna gharama ya kuhudhuria

Jisajili hapa: <https://bit.ly/BSHS-Swahili> au kwa kutumia msimbo wa QR »



Ibiganiro bibera mu matsinda ni ibyo kungurana ibitekerezo, hagatangwa ibikorwa byo kubara inkuru hanarimo ubuhamya nyakuri bw'abarokotse

Insanganyamatsiko harimo: icyizere mu mibanire, Kwigirira icyizere, ubufasha n'u-mutekano

Amatsinda agenewe gusa abangavu

Amatsinda ahura rimwe mu cyumweru mu gihe cyiswe Flex

Nta mafaranga yishyurwa kugira ngo uyajyemo

Iyandikishe hano: <https://bit.ly/BSHS-Kinyarwanda> cyangwa ukoreshe kode ya QR »

