CATHOLIC CHARITIES OF LOUISVILLE, INC.

Programs of Catholic Charities Since 2025

Meals from the Heart

Request for Meal Service

Meals from the Heart provides meals to eligible Nelson County residents who are unable to leave their homes or prepare meals for themselves.

Name: _____

Address: _____

Phone: _____

1. How do you currently get groceries or food?

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2. Who currently prepares your meals?

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3. How do you get to medical appointments?

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4. Do you drive or have transportation available to you?
☐ Yes ☐ No

5. Please tell us why you are requesting Meals from the Heart.

What happens next?

After we receive your request, a member of our team will contact you to schedule a home visit and screening to determine eligibility.

Return this form to:
Bread for Life Community Food Pantry
1065 Bloomfield Road
Bardstown, KY 40004

Phone: 502-348-7270

Email: lcamargo@archlou.org